



**LOVE
YOUR
BIKE
.ORG**

Love Your Bike. Love Your Body.

Cyclists typically enjoy the level of fitness of someone ten years their junior.

Find out more.

For offers and information about cycling go to www.loveyourbike.org



Have you cycled to work yet?

What would make your cycle journey
to work more enjoyable?

Not yet? What would convince you to
give it a try?

Tell us at www.loveyourbike.org

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Burn calories, save cash, get there on time.

Burn calories

Stay healthy, burn over 300 calories an hour.

Save cash

Save on fuel costs and park for free.

Get there on time

Avoid congestion, get there faster.

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Love Your Bike. Love Your Wallet.

Cyclists enjoy zero fuel costs and free parking.

Find out more.

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